

## AM Activities

7:00 a.m.

**Koloiki Ridge Hike (\$)**

150 min

7:30 a.m.

**Sensei Yoga Flow**

60 min | Yoga Pavilion

11:30 a.m.

**Garden Walk**

60 min

## PM Activities

12:30 p.m.

**Restorative Aerial Yoga (\$)**

60 min | Yoga Pavilion

Activities are being planned for this date. Stay tuned. Please view this month's calendar for examples of offerings.

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